

# Brave Hearts NZ/Manawa Kaha Aotearoa

## Quarterly Newsletter September 2021

Welcome to our September 2021 newsletter and to those who have joined us in the last three months.

Methamphetamine (and other drugs) is still a major problem in Aotearoa. We continue to advocate strongly for families and whanau. I spoke at a NZ Drug Foundation Parliamentary Symposium in June this year about the chaos in homes across the country. As families and communities, we have the power for change but need to speak out. This talk was put together in collaboration with feedback from some of our members. You can view it by clicking on this link.

### https://drive.google.com/file/d/1thF\_f1zgu\_Zc8ccb8IDWIAMoq5DvryTl/view

We also teamed up with Jay-Jay Feeney (radio personality and author) in an article for the Woman's Day magazine, also published by the NZ Herald online. Jay-Jay hoped that by speaking out about her own experience's others might also be prepared to speak out. We thank her for her bravery and for her continued support of our organisation. You can read her story here and join our Zoom online meeting 21<sup>st</sup> October 2021 to discuss with her.

https://www.nowtolove.co.nz/celebrity/celeb-news/jayjay-feeney-secret-struggle-45135?fbclid=IwAR1UBo7BRrlo3tNOOIwB0NQ5A6DAluR4TnFIIT3H9BSWSz8EXvbWGtEyePI





### Research

In collaboration with researchers at Bethlehem Tertiary Institute, Brave Hearts requested all our members and associates to complete a very short survey to inform us of the impacts upon families and whānau who are supporting someone in addiction.

The findings of the survey have been very informative and below is a slide from The Impact of Addiction on Whanau presented online at an International Conference. This is part one of the research project. Part two will be announced shortly.



# **Giving/ Donation**

A big thank you to all our very generous donors. We are grateful and appreciate that we cannot do this without your support.

## Support

Each month Brave Hearts holds meetings in Hamilton, Tauranga, Motueka, Clutha, Mount Maunganui, Nelson, and Manukau as well as an online Zoom meeting for those who are unable to attend in person.

To find out more visit our website www.bravehearts.nz.

Meetings details are updated at the start of each month under "Support". We also send regular emails regarding the upcoming meetings.

#### **Contact Details**



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